

MEN MAKE CHOICES

Not all men are abusive How do you measure up?

Abuse is:

- Calling bad names or putting someone down
- Shouting and cursing
- Hitting, slapping and pushing
- Making threats of all kinds
- Jealousy and suspicion
- Keeping someone away from family and friends
- Throwing things around the house

It doesn't have to be this way.
If you abuse, you can choose to stop.
Call us.



Domestic violence is a crime.

Choices Have Consequences

We can help. Call us and choose a better life for yourself, your partner, and your family.



It destroys relationships and families.



It passes from generation to generation.