

Do The RIGHT Thing



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Listen
Teach·Lead
HELP
Stop Domestic
Violence

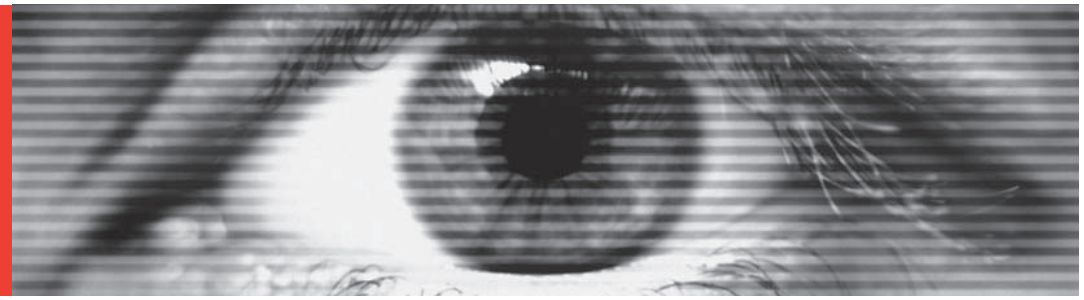
To learn the facts about domestic violence or for more information,
visit our web site at http://www.tcfv.org/mens_non-violence.htm

To learn more about domestic violence services in your area, contact
The National Domestic Violence Hotline at 1-800-799-SAFE.

TTY for Deaf and Hard-of-Hearing 1-800-787-3224

**Tell him there
is a better way**

Yes, it is your business.



Maybe he's your friend, your brother or brother-in-law, your cousin, co-worker, gym partner or fishing buddy. You've noticed that he interrupts her, criticizes her family, yells at her, or scares her. You hope that when they're alone, it isn't worse.

The way he treats her makes you uncomfortable, but you don't want to make him mad or lose his friendship. You surely don't want to see him wreck his marriage or have to call the police. What can you do?

Say something. If you don't, your silence is the same as saying abuse is okay. He could hurt someone, or end up in jail. Because you care, you need to do something ... before it is too late.

What Can You Say Or Do?

- **Draw attention to it.**
"Do you see the effect your bad words have on her?"
"When you do that, it makes her feel bad."
"Did you mean to be so rough? That's not cool."
- **Tell him what you think.**
"I am really worried about her safety."
"I am surprised to see you act that way. You're better than that."
"I care about you, but I won't tolerate it if you abuse her."
"This makes me really uncomfortable. It's not right."
- **Express ideas about loving behavior.**
"Loving her doesn't mean abusing her."
"Good husbands and partners don't say/do those kinds of things."
- **Offer suggestions or solutions.**
"Men should never hit or threaten the women they love."
"Kids learn from their parents. Is this how you want your sons to treat women? How would you feel if your daughter chose someone who acted like this?"
"Call me if you feel like you're losing control."
"Maybe you should try counseling."
"You should talk to your minister about this and see what he suggests."
- **If his behavior is criminal, tell him so.**
"Domestic violence is a crime. You could be arrested for this."
"You could end up in jail if you don't find another way to deal with your problems. Then what would happen to you and your family?"

He May Deny It

He may not listen. And there's no guarantee that your words will make him stop or get him to change. He may ignore you, get angry, make excuses, or talk about what she did to make him do it. He might laugh it off or even make fun of you. Still, you need to say something. Your silence is the same as saying that you approve.

Or he may take you seriously and decide to change.

If men learn to put down and abuse women from other men, they can also learn to respect women from other men. When you decide that violence against women is unacceptable and choose to lead, other men will begin to think twice before they strike with their words or their fists.

It's up to us men to step up to the plate because next time, it could be our sister, mother, friend or co-worker. It isn't easy and it isn't comfortable, but it IS the right thing to do.



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