



**Ten Ways Any MIDDLE SCHOOL STUDENT Can Make Ending Domestic Violence His or Her Business.**

1. Respect girls and women in your school and in your family. Don't make fun of or try to control girls.
2. When you are angry with your friend, sister, brother, or parent, don't try to hurt or humiliate them. Try to act in a non-violent, respectful way when solving conflicts in your friendships and family.
3. Ask and learn about domestic violence. Give a presentation in school. Use <http://www.knowtheredflags.com> for help.
4. Call the police if you see or hear violence in progress.
5. Talk to your friends and classmate when they belittle girls, make jokes about violence, or ignore violence against girls and women.
6. Ask your teachers or principal to work with domestic violence programs to help make your school and surrounding community safe for girls and boys.
7. Write to music producers, movie companies, Internet businesses, video game producers, and TV stations to let them know that picturing violence against girls and women is not OK.
8. Make a contract with your classmates that abusive behavior and language is not OK and will not be tolerated in your school.
9. Form a group of friends and classmates who will work with domestic violence program staff, parents, teachers and school administrators to start a discussion about developing a school program or unit on dating and family violence. Contact your local domestic violence program at ( **Add the Program Number** )
- 10. EXAMINE YOUR OWN LIFE for violence and hurtful behaviors. Try to live a VIOLENCE-FREE life.**